

Important Dates

- 3/1:** PHILLIPS Fairfax 4th Birthday
3/2: Mid-Quarter Progress Report
Cards will be sent home
3/9: Early Release (12:35 pm)
3/10: No School – Staff Work Day
3/20: School Holiday – School
Closed
3/30 – 4/3: Spirit Week



March



SPIRIT WEEK'S SCHEDULE OF EVENTS

- | | |
|-----------------------|------------------------|
| Monday 3/30: | Pajama Day |
| Tuesday 3/31: | Hat Day |
| Wednesday 4/1: | Wacky Wednesday |
| Thursday 4/2: | Sports Day |
| Friday 4/3: | Color Day |



On March 24th, students will welcome, Squeals on Wheels, an educational and interactive miniature mobile petting zoo. In a closely supervised educational environment, the students will learn facts about: animal breeds, traits, care and proper handling.



On March 11th, we are asking all students to wear a neon colored shirt. To help prepare for state testing, the school is transforming the gym, into a Glow In The Dark arena. Students will answer test prep questions, paired with fun glow in the dark activities. This school-wide event is used to increase engagement and motivate students to prep for testing.



Meet Our New Staff

Tim Mathew – Dedicated Aide
Jiyon Nam – School Nurse (PT)
Samantha Stirratt – Dedicated Aide

PHILLIPS School~Fairfax
11230 Waples Mill Road Suite 100
Fairfax, VA 22030

Home of the Knights!



March BREAKFAST MENU: Phillips Program - Fairfax

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Whole Grain Muffin (2.25 oz) Orange * (1 c) Milk (8oz)	2	Pancake Turkey Sausage Diced Pears Milk (8oz)	3	French Toast Turkey Sausage Guava & Pineapple Milk (8oz)	4	Eggs Hash Brown Potatoes Banana * Whole Grain Bagel Milk (8oz)	5	Vanilla Yogurt Sliced Peaches Granola Topping Milk (8oz)	6
Whole Grain Muffin (2.25 oz) Orange * (1 c) Milk (8oz)	9	NO SCHOOL STAFF WORK DAY		Whole Grain Muffin (2.25 oz) Fresh Honeydew Melon * (1 c) Milk (8oz)	11	Honeynut Cheerio's Banana * Milk (8oz)	12	Vanilla Yogurt Strawberries Granola Topping Milk (8oz)	13
Whole Grain Muffin (2.25 oz) Orange * (1 c) Milk (8oz)	16	Pancake Turkey Sausage Cinnamon Apple Slices Milk (8oz)	17	Egg Hash Brown Potatoes Fresh Honeydew Melon * Whole Grain Bagel Milk (8oz)	18	Corn Flakes Banana * Milk (8oz)	19	NO SCHOOL	
Whole Grain Muffin (2.25 oz) Orange * (1 c) Milk (8oz)	23	Pancake Turkey Sausage Cinnamon Apple Slices Milk (8oz)	24	French Toast Turkey Sausage Fresh Cantaloupe * Milk (8oz)	25	Honeynut Cheerio's Banana * Milk (8oz)	26	Vanilla Yogurt Sliced Peaches Granola Topping Milk (8oz)	27
Whole Grain Muffin (2.25 oz) Orange * (1 c) Milk (8oz)	30	Pancake Turkey Sausage Cinnamon Apple Slices Milk (8oz)	31						

Portion Control: Daily meals served are at least 1/4 cup serving of fruit, vegetables, beans or peas and 1 serving of a 100% whole grain Milk Variety: 8 fluid oz Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child every day.
All Fruit Juices are 100% Juice
* Denotes Fresh Fruit





March LUNCH MENU : Phillips Program - Fairfax

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Hamburger (2 oz) Baked Beans (Veggie) (1 c) Guava & Pineapple (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>	<p>3 Teri-Yaki Meatballs (2 oz) Fried Brown Rice (1 c) Onion (1/4 c) Carrots (1/2 c) Green Peas (1/4 c) Green Beans (1/4 c) Banana * (1 c) Milk (8 oz)</p>	<p>4 Sliced Turkey Sandwich (2 oz) Whole Grain Wheat Bread (2 slice) Salad : Romaine&MesclunMix (1.5 c) Tomato Wedge (1/4 c) Italian Dressing (2 oz) Fresh Cantaloupe * (1 c) Milk (8 oz)</p>	<p>5 Chili Mac (1 c) with Ground Turkey (2 oz) Whole Grain Penne Pasta (1 c) Tomato Sauce (1/2 c) Green Beans (1/2 c) Mandarin Orange Slices (1 c) Milk (8 oz)</p>	<p>6 BBQ Chicken (2 oz) Dirty Brown Rice (1 c) Corn & Black Bean Salsa (1/2 c) Tomato Sauce (1/4 c) Fresh Honeydew melon * (1 c) Milk (8 oz)</p>
<p>9 Chicken Patty Sandwich (2 oz) Potato Wedges (1 c) Banana * (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>	<p style="text-align: center;">NO SCHOOL STAFF WORK DAY</p>	<p>11 Sloppy Joe (1 c) with Ground Turkey (2 oz) Tomato Joe Sauce (1/2 c) Green Beans (1/2 c) Cinnamon Apple Slices (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>	<p>12 Red Curry Chicken (2 oz) Curried Tomato Sauce (1/2 c) Brown Rice (yellowrecipe) (1 c) Curried Kidney Beans (1/2 c) Mandarin Orange Slices (1 c) Milk (8 oz)</p>	<p>13 Whole Grain Spaghetti (1 c) w/ Turkey Meatballs (2 oz) Tomato Sauce (1/2 c) Collard Greens (1/2 c) Fresh Cantaloupe * (1 c) Milk (8 oz)</p>
<p>16 Turkey Burger (2 oz) Potato Wedges (1 c) Fresh Water Melon * (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>	<p>17 Chicken Tenders (2 oz) Brown Rice (yellowrecipe) (1 c) Sliced Carrots (1 c) Fresh Honeydew melon * (1 c) Milk (8 oz)</p>	<p>18 Chicken Salad Sandwich (2 oz) Salad : Romaine&MesclunMix (1.5 c) Tomato & Cucumber (1/4 c) Italian Dressing (2 oz) Cinnamon Apple Slices (1 c) Whole Grain Wheat Bread (2 slice) Milk (8 oz)</p>	<p>19 Macaroni & Cheese(2 oz) (1 c) Whole Grain Elbow Macaroni (1 c) Green Beans (1 c) Pineapple Chunks (1 c) Milk (8 oz)</p>	<p style="text-align: center;">NO SCHOOL</p>
<p>23 All Beef Hot Dog (2 oz) Baked Beans (Veggie) (1 c) Guava & Pineapple (1 c) Whole Grain Hot Dog Roll (2 oz) Milk (8 oz)</p>	<p>24 Fettucini Arroro (1 c) w/ Turkey Meatballs (2 oz) Arroto Tomato Sauce (1/2 c) Broccoli (1/2 c) Fresh Water Melon * (1 c) Milk (8 oz)</p>	<p>25 Chili w/ ground beef (2 oz) Diced Tomatoes (1/2 c) Onion (1/4 c) Diced Green & Red Peppers (1/4 c) Red Kidney Beans (1/4 c) Corn Bread (2 oz) Mandarin Orange Slices (1 c) Milk (8 oz)</p>	<p>26 Grilled Chicken Salad (2 oz) Salad : Romaine&MesclunMix (1.5 c) Tomato Wedge (1/4 c) Whole Grain Croutons (1 c) Caesar Dressing (2 oz) Fresh Water Melon * (1 c) Milk (8 oz)</p>	<p>27 BBQ Chicken Sandwich (2 oz) Potato Wedges (1 c) Fresh Cantaloupe * (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>
<p>30 Hamburger (2 oz) Baked Beans (Veggie) (1 c) Guava & Pineapple (1 c) Whole Grain Burger Roll (2 oz) Milk (8 oz)</p>	<p>31 Baked Chicken (2 oz) Mashed Sweet Potatoes (1/2 c) Sweet Green Peas (1/2 c) Fresh Honeydew melon * (1 c) Whole Grain Wheat Bread (2 slice) Milk (8 oz)</p>			

Portion Control: Daily meals served are at least 1/4 cup serving of fruit, vegetables, beans or peas and 1 serving of a 100% whole grain Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child every day.
All Fruit Juices are 100% Juice

DC HEALTH Immunization Requirements for School Year 2019-2020

All students attending school in DC must present proof of appropriately spaced immunizations by the first day of school. Provide this sheet to your child's licensed health professional to ensure proper immunization.

On the first day of school my student is:	By the start of SY19-20, my student should have received: ¹
 <p>2-3 years old</p>	<ul style="list-style-type: none"> 4 doses of Diphtheria/Tetanus/Pertussis (DTaP) 3 doses of Polio 1 dose of Varicella if no history of chickenpox² 1 dose of Measles/Mumps/Rubella (MMR) 3 doses of Hepatitis B 2 doses of Hepatitis A 3 or 4 doses <i>depending on the brand</i> of Hib (Haemophilus Influenza Type B) 4 doses of PCV (Pneumococcal)
 <p>4 years old</p>	<ul style="list-style-type: none"> 5 doses of Diphtheria/Tetanus/Pertussis (DTaP) 4 doses of Polio 2 doses of Varicella if no history of chickenpox² 2 doses of Measles/Mumps/Rubella (MMR) 3 doses Hepatitis B 2 doses Hepatitis A 3 or 4 doses <i>depending on the brand</i> of Hib (Haemophilus Influenza Type B) 4 doses of PCV (Pneumococcal)
 <p>5-10 years old</p>	<ul style="list-style-type: none"> 5 doses of Diphtheria/Tetanus/Pertussis (DTaP) 4 doses of Polio 2 doses of Varicella if no history of chickenpox² 2 doses of Measles/Mumps/Rubella (MMR) 3 doses of Hepatitis B 2 doses of Hepatitis A
 <p>11+ years old</p>	<ul style="list-style-type: none"> 5 doses of Diphtheria/Tetanus/Pertussis (DTaP)/Td 1 dose of Tdap 4 doses of Polio 2 doses of Varicella if no history of chickenpox² 2 doses of Measles/Mumps/Rubella (MMR) 3 doses of Hepatitis B 2 doses of Hepatitis A³ 1 dose of Meningococcal (Men ACWY)⁴ 2 or 3 doses of Human Papillomavirus Vaccine (HPV)⁵

¹ The number of doses required varies by a child's age and how long ago they were vaccinated. Please check with your child's health suite personnel or health care provider for details.

² All Varicella/chickenpox histories **MUST** be verified by a health care provider and documented with month and year of disease.

³ If born on or after 01/01/05.

⁴ Dose #1 at 11-12 years of age is required. A booster dose is recommended at 16 years of age.

⁵ Two doses if student receives first dose between ages 9-14 (doses 6-12 months apart); 3 doses if student starts series on or after age 15.



DISTRICT OF COLUMBIA
OFFICE OF THE STATE SUPERINTENDENT OF

EDUCATION

Frequently Asked Questions - School Immunization Requirements

District law¹ and regulations² require schools in the District of Columbia to verify student compliance with the immunization requirements³ as part of enrollment and attendance. If a student is not compliant, the school is required to immediately notify the parent, guardian, or adult student in writing of the missing immunization(s). If the student does not come into compliance within a 20-school day period, the school is required to remove the student from attendance until the immunization certification is secured by the school.

1. Why are immunizations (vaccines) important?

Many infectious diseases, such as measles, are highly contagious and dangerous for our youngest District residents. In order to prevent the spread of these infectious diseases, it is vital that all students are fully immunized before entering school. The Centers for Disease Control and Prevention (CDC) has resources with information on the importance of immunizations, including Six Things YOU Need to Know about Vaccines,⁴ Making the Vaccine Decision: Addressing Common Concerns,⁵ and Facts About HPV.⁶

2. Which immunizations are required for my child?

Requirements are set by the District of Columbia Department of Health (DC Health) and are based on the child's age.⁷ For a list of required immunizations, consult DC Health's Immunization Requirements.⁸

3. How do I know which shots my child has already received?

If you have questions about your child's immunization history, contact your medical provider and request a copy of your child's immunization history, or call the DC Health Immunization Program at (202) 576-7130.

4. How does my child's school know whether my child has been immunized?

When a child receives an immunization in the District of Columbia, the health provider adds it to the District of Columbia Immunization Information System (DOCIIS), a data system that monitors immunization information for residents and visitors to the District. Schools access DOCIIS to track compliance with immunization requirements. Schools may also keep paper records of your child's immunization history in their school health file. Note: If your child received an immunization outside of the District of Columbia, it may not show up in DOCIIS.

¹ DC Official Code § 38-501 et seq.: <https://code.dccouncil.us/dc/council/code/titles/38/chapters/5/>

² DCMR 5-E § 5300 et seq.: <https://dcregs.dc.gov/common/dcmr/rulelist.aspx?ChapterNum=5-e53&chapterid=258>

³ <https://dchealth.dc.gov/service/school-health-services-program>

⁴ <https://www.cdc.gov/vaccines/vac-gen/vaxwithme.html>

⁵ <https://www.cdc.gov/vaccines/parents/why-vaccinate/vaccine-decision.html>

⁶ https://www.cdc.gov/vaccines/parents/diseases/hpv.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fvaccines%2Fparents%2Fdiseases%2Fteen%2Fhpv.html

⁷ DCMR 22-B §§ 130-152: <https://dcregs.dc.gov/Common/DCMR/RuleList.aspx?ChapterNum=22-B1&ChapterId=576>

⁸ <https://dchealth.dc.gov/service/school-health-services-program>

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5. How do I submit proof of immunization to my child's school?

If DCIIS does not show that your child has received the necessary immunizations, your school will request proof of immunization. Submit proof of immunization via a written record, such as a completed Universal Health Certificate (recommended) or other official record from your health provider that includes the provider's official stamp, seal, or signature.⁹ The school will make sure this document is entered in DCIIS and added to your child's school health file. An appointment card from a health provider does not meet the requirements for proof of immunization.

6. If my child does not have all of their immunizations, will they be able to attend school?

Students may only attend school for 20 school days without proof of immunization.¹⁰ If a school discovers that your child has not received the required immunizations, it will send home a written notice stating that you have 20 school days to present proof of immunization or your child will not be allowed to return to school until they have received the required immunizations and provided documentation to the school.

7. What will happen if my child does not get all of their required immunizations?

Schools will identify non-compliant students and send home a written notice identifying the missing immunizations and stating that you have 20 school days to submit proof of the required immunizations. You should make an appointment with your child's health provider as soon as possible after receiving the written notice.

If proof of immunization is not submitted to the school within the 20 school days, your child will not be allowed to return to school until they have received the required immunizations and provided documentation to the school. Your child will receive an "unexcused absence" for each missed school day until the proof of immunization is submitted to the school. When the school receives the proof of immunization, your child will be allowed to return to school and the missed days will be reclassified as an "excused absence."

8. What do I do if I believe my child has all their required immunizations, but the school tells me that my child is missing one or more?

Contact your child's health provider to confirm whether your child has received the required immunization(s). If the health provider confirms your child did receive the immunization(s), ask for written proof of the immunization(s) that you can give to the school. This written proof must include the health provider's official stamp, seal, or signature.

If the health provider informs you that your child has not received the required immunization(s), schedule an appointment as soon as possible for your child to receive it. At the appointment, have the health provider complete the Universal Health Certificate (recommended) or provide another form of written proof that includes the provider's official stamp, seal, or signature.¹¹ Present the documents to your child's school to be added to their school health file.

⁹ <https://dchealth.dc.gov/service/school-health-services-program>

¹⁰ DC Official Code § 38-505: <https://code.dccouncil.us/dc/council/code/sections/38-505.html>

¹¹ <https://dchealth.dc.gov/service/school-health-services-program>

9. What if I do not want my child to be immunized?

Medical exemptions are available for children for whom immunizations are medically inadvisable. Medical exemptions must be signed by a private physician, their representative, or the public health authority. Religious exemptions may be obtained directly at the DC Health headquarters front desk (899 North Capitol St. NE). You may also opt out of the HPV vaccination for your child by submitting the DC Health Annual Human Papillomavirus (HPV) Vaccination Opt-Out Certificate to the school.¹²

10. What if the earliest appointment I could get for my child is after the start of the school year?

Health providers may be busy during the start of school. Plan ahead to ensure your child receives all required immunizations prior to the start of the school year. A list of pediatric immunization locations is available on the DC Health website.¹³

11. What if I do not have a primary care provider or if I do not have medical insurance?

If you do not have a primary care provider or doctor, call your insurance company to find one close to your home. If you do not have medical insurance, contact DC Health Link or contact the Citywide Call Center by dialing 3-1-1.¹⁴

12. What if I have documentation for immunizations that were received in another country?

If your child received their immunizations in another country, direct questions about the documentation to your school nurse or your school's immunization point of contact (IPOC). They will work with DC Health to determine whether the documentation is acceptable to prove immunization compliance.

13. What if I have questions about immunizations or the immunization attendance policy?

For questions about immunizations and available resources, contact the DC Health Immunization Program at (202) 576-7130. For questions about the immunization attendance policy, contact your school or local education agency (LEA) central office. You may also contact OSSE at OSSE.SchoolHealth@dc.gov.¹⁵

This FAQ document will be updated over time. Last update date: Feb. 13, 2020.

¹² <https://dchealth.dc.gov/node/112212>

¹³ <https://dchealth.dc.gov/service/school-health-services-program>

¹⁴ <https://www.dchealthlink.com/>

¹⁵ <https://osse.dc.gov/page/district-columbia-immunization-attendance-policy>