April Breakfast Menu Phillips Program: Annandale 9-12

MONDAY		TUESE	DAY		WEDNESDAY		THURSDAY		FRIDAY	
April	1	Apri	il	2	April	3	April	4	April	5
SCHOOL CLOSED		Strawberry Yogu	rt Parfait		Breakfast Burritto		Blueberry Muffin	2 oz	Cinnamon Toast Crunch	
		, ,	Yogurt	4 oz	Turkey Sausage	1.5 oz	,			
TEACHER			Strawberry	1/2 Cup	Egg	1 oz	Tropical Smoothie	9 oz		
WORK DAY			Granola	4 oz	WG Torilla Wrap	2 oz				
		Orange		1 ea			Banana	1 ea	Gala Apple	1 ea
					Gala Apple					
		Mill	<	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	8	Apri	il	9	April	10	April	11	April	12
Whole Grain French Toast	2 oz	Peach Yogurt Par	fait		Bacon, Egg and Cheese Bagel		Chocolate Muffin	2 oz	Fruit Loops	
Turkey Sausage	1 oz		Yogurt	4 oz	Turkey Bacon	1.5 oz				
			Peach	1/2 Cup	Egg		Blueberry Banana Smoothie	9 oz		
Banana	1 oz		Granola	4 oz	Muffin	2 oz				
Apple Juice	8 oz	Orange		1 ea			Grapes	1 ea	Gala Apple	1 ea
					Gala Apple		·			
Milk	8 oz	Mill	<	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	15	Apri	il	16	April	17	April	18	April	19
Whole Grain Pancakes	2 oz	Mixed berr	v Parfait		Sausage,Egg & Cheese Muffin		Spiced Muffin	2 oz	Lucky Charms	
Turkey Sausage	1 oz	IIII.cu seii	Yogurt	4 oz	Sausage	1.5 oz	John Community	_ 0_	Lucky Charms	
,			Berries	1/2 Cup	Egg	1 oz	Orange Julius Smoothie	9 oz		
Banana	1 oz		Granola	4 oz	Muffin	2 oz				
Apple Juice	8 oz	Orange		1 ea	Gala Apple	1 ea	Grapes	1 ea	Gala Apple	1 ea
Milk	8 oz	Mill	<		Milk	8 oz	Milk	8 oz	Milk	8 oz
April	22			23	April	24		25		26
Whole Grain French Toast	2 oz	Blueberry Yogurt	· Parfait		Breakfast Burritto		Banana Muffin	2 oz	Frosted Flakes	
Turkey Sausage	1 oz	blueberry rogure	Yogurt	4 oz	Turkey Sausage	1.5 oz	Barraria Warrin	2 02	1 Tosted Flakes	
Turkey Sausage	102		Blueberry	1/2 Cup	Egg		Strawberry Smoothie	9 oz		
Banana	1 oz		Granola	4 oz	WG Torilla Wrap	2 oz	Strawberry Smoothic	3 02		
Apple Juice	8 oz	Orange		1 ea	wo roma wrap	2 02	Banana	1 ea	Gala Apple	1 ea
Apple Juice	0 02	Orange		100	Gala Apple		Barrarra	1 00	Said Apple	1 00
Milk	8 oz	Mill	<	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	29			30						
Whole Grain Pancakes	2 oz	Strawberry Yogu	rt Parfait							
Turkey Sausage	1 oz		Yogurt	4 oz						
-,	_ ~-		Strawberry	1/2 Cup						
Banana	1 oz		Granola	4 oz						
Apple Juice	8 oz	Orange		1 ea						
Milk	8 oz	Mill	.	8 oz						
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April Lunch Menu Phillips Program: Annandale 9-12

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
April		April	2	April	3	April	4	April	Į.
·		Carribean Chicken	4 oz	Cheese Steak		Chicken Teriyaki	2 oz	Cheeseburger	
SCHOOL CLOSED		Coconut Rice	2 oz			Steamed Rice	2 oz	WG Bur	2 oz
		Kidney Beans	1/2 Cup	Roasted Potato Wedges	1/2 C	Kale Chips	1/2 Cup	Hamburge	
TEACHER		Baby Carrots	1/2 C	Baby Carrots		Baby Carrots	1/2 C	Roasted Sweet Potatoes	1/2 C
WORK DAY		Orange	1 ea		, -	Orange	1 ea	Cucumber Coins	1/2 C
		Apple Juice	1 Cup	Orange	1 ea	Apple Juice	1/2 C	Orange	1 ea
		, pp.e saide	_ 00p	Apple Juice	1/2 C	7.55.000	_,	Apple Juice	1/2 C
		Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	8		9	April	10		11	April	12
Pepperoni Pizza	_	Bean Burrito	2.5 oz	Chicken Caesar Salad		Grilled Cheese	2 oz	Penne with Meatballs	
1 cppc1011111220	2 02	Corn Tortilla	2 oz	Dinner Roll	2 oz	Whole Grain Toast	2 oz	WG Pasta	ı 4 oz
Garlic Green Beans	1/2 C	Com rortina	2 02	Corn Salad	1/2 C	Tomato Soup	6 oz	Meatballs	
Baby Carrots	1/2 C	Caesar Salad	1/2 C	Com Salau	1/2 C	Caesar Salad	1/2 C	Focaccia	1 oz
Baby Carrots	1/2 C					Caesai Salau	1/2 C	Steamed Brocolli	
Overes and Devene	(1)	Banana	1/2 Cup	0	1	Anala	1 (1/2 C
Orange and Banana	(1 ea)	Apple Juice	8 oz	Orange		Apple	1 Cup	Baby Carrots	1/2 C
A 4*11	0			Apple Juice	1/2 C	2.00		Grapes and Apple Juice	1/2 C
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	15		16	•	17	' ·	18	· ·	19
Chicken Alfredo	•	BBQ Chicken	4 oz	Chicken Quesadilla		Meatloaf	-	Pulled Pork Sandwich	
Focaccia	2 oz	Cornbread	2 oz	Chicken Quesadilla		Dinner Roll	2 oz	Barbeque Pork	2 oz
Steamed Brocolli	1/2 C	Roasted Carrots	1/2 C	WG Tortilla		Mashed Potatoes	1/2 C	Whole Grain Roll	2 oz
Baby Carrots		Caesar Salad	1/2 C	Refried Black Beans		Caesar Salad	1/2 C	Coleslaw	1/2 C
Banana	1/2 Cup			Baby Carrots	1/2 C			Baby Carrots	1/2 C
Apple Juice 1/2 Cu	1/2 Cup	Grapes	1/2 C	Banana	1 ea	Orange	1 ea	Apple	1 ea
		Banana	1 ea	Apple Juice	1/2 C	Banana	1 ea		
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	22	April	23	April	24	April	25	April	20
Cheese Ravioli	8 oz	Orange Chicken	4 oz	Turkey Chili	1 Cup	Turkey Club Wrap		Pepperoni Pizza	2 oz
Focaccia	2 oz	Steamed Rice	2 oz	Cornbread	2 oz	WG Tortilla	2 oz		
English Peas	1/2 C	Roasted Carrots	1/2 C	Kidney Beans	1/2 Cup	Sliced Turkey and Turkey Bacon	2 oz	Garlic Green Beans	1/2 C
Baby Carrots	1/2 C	Cucumber Coins	1/2 C	Baby Carrots	1/2 Cup	Potato Salad	1/2 C	Baby Carrots	1/2 C
•				Strawberries	1/2 Cup	Side Salad with Ranch	1/2 C	,	
Apple	1 ea	Orange	1 ea	Banana	1/2 Cup		1 ea	Red Grapes	1/2 C
I sa		Apple Juice	1/2 C			Apple Juice	1/2 C	Apple Juice	1 ea
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
April	29		30						
Spinach Lasagna		Carribean Chicken	4 oz						
Marinara	1/2 C	Coconut Rice	2 oz						
WG Pasta	3 oz	Kidney Beans	1/2 Cup						
Focaccia	1 oz	Baby Carrots	1/2 Cup						
Side Salad with Ranch		Orange	1,2 C 1 ea						
Side Salad With Kanch	1/2 C	Apple Juice	1 Cup						
Annia	1 00	Apple Juice	1 Cup						
Apple	1 ea	NA:II.	9.5-						
Milk	8 oz	Milk	8 oz	ĺ		l		Í	

Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child at each Lunch All Fruit Juices are 100% Juice This institution is an equal opportunity provider