

April Breakfast Menu Phillips Program: Annandale 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1 SCHOOL CLOSED TEACHER WORK DAY	April 2 Strawberry Yogurt Parfait Yogurt 4 oz Strawberry 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	April 3 Breakfast Burrito Turkey Sausage 1.5 oz Egg 1 oz WG Torilla Wrap 2 oz Gala Apple Milk 8 oz	April 4 Blueberry Muffin 2 oz Tropical Smoothie 9 oz Banana 1 ea Milk 8 oz	April 5 Cinnamon Toast Crunch Gala Apple 1 ea Milk 8 oz
April 8 Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	April 9 Peach Yogurt Parfait Yogurt 4 oz Peach 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	April 10 Bacon, Egg and Cheese Bagel Turkey Bacon 1.5 oz Egg 1 oz Muffin 2 oz Gala Apple Milk 8 oz	April 11 Chocolate Muffin 2 oz Blueberry Banana Smoothie 9 oz Grapes 1 ea Milk 8 oz	April 12 Fruit Loops Gala Apple 1 ea Milk 8 oz
April 15 Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	April 16 Mixed berry Parfait Yogurt 4 oz Berries 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	April 17 Sausage, Egg & Cheese Muffin Sausage 1.5 oz Egg 1 oz Muffin 2 oz Gala Apple 1 ea Milk 8 oz	April 18 Spiced Muffin 2 oz Orange Julius Smoothie 9 oz Grapes 1 ea Milk 8 oz	April 19 Lucky Charms Gala Apple 1 ea Milk 8 oz
April 22 Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	April 23 Blueberry Yogurt Parfait Yogurt 4 oz Blueberry 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	April 24 Breakfast Burrito Turkey Sausage 1.5 oz Egg 1 oz WG Torilla Wrap 2 oz Gala Apple Milk 8 oz	April 25 Banana Muffin 2 oz Strawberry Smoothie 9 oz Banana 1 ea Milk 8 oz	April 26 Frosted Flakes Gala Apple 1 ea Milk 8 oz
April 29 Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	April 30 Strawberry Yogurt Parfait Yogurt 4 oz Strawberry 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz			

Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child at each Lunch

All Fruit Juices are 100% Juice

April Lunch Menu Phillips Program: Annandale 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1 SCHOOL CLOSED TEACHER WORK DAY	April 2 Carribean Chicken 4 oz Coconut Rice 2 oz Kidney Beans 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1 Cup Milk 8 oz	April 3 Cheese Steak Roasted Potato Wedges 1/2 C Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	April 4 Chicken Teriyaki 2 oz Steamed Rice 2 oz Kale Chips 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	April 5 Cheeseburger <div style="text-align: right;">WG Bun 2 oz Hamburger 2 oz</div> Roasted Sweet Potatoes 1/2 C Cucumber Coins 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz
April 8 Pepperoni Pizza 2 oz Garlic Green Beans 1/2 C Baby Carrots 1/2 C Orange and Banana (1 ea) Milk 8 oz	April 9 Bean Burrito 2.5 oz Corn Tortilla 2 oz Caesar Salad 1/2 C Banana 1/2 Cup Apple Juice 8 oz Milk 8 oz	April 10 Chicken Caesar Salad Dinner Roll 2 oz Corn Salad 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	April 11 Grilled Cheese 2 oz Whole Grain Toast 2 oz Tomato Soup 6 oz Caesar Salad 1/2 C Apple 1 Cup Milk 8 oz	April 12 Penne with Meatballs <div style="text-align: right;">WG Pasta 4 oz Meatballs 2 oz</div> Focaccia 1 oz Steamed Broccoli 1/2 C Baby Carrots 1/2 C Grapes and Apple Juice 1/2 C Milk 8 oz
April 15 Chicken Alfredo 1 Cup Focaccia 2 oz Steamed Broccoli 1/2 C Baby Carrots 1/2 Cup Banana 1/2 Cup Apple Juice 1/2 Cup Milk 8 oz	April 16 BBQ Chicken 4 oz Cornbread 2 oz Roasted Carrots 1/2 C Caesar Salad 1/2 C Grapes 1/2 C Banana 1 ea Milk 8 oz	April 17 Chicken Quesadilla <div style="text-align: right;">Chicken Quesadilla 2 oz WG Tortilla 2 oz</div> Refried Black Beans 1/2 C Baby Carrots 1/2 C Banana 1 ea Apple Juice 1/2 C Milk 8 oz	April 18 Meatloaf 2 oz Dinner Roll 2 oz Mashed Potatoes 1/2 C Caesar Salad 1/2 C Orange 1 ea Banana 1 ea Milk 8 oz	April 19 Pulled Pork Sandwich <div style="text-align: right;">Barbeque Pork 2 oz Whole Grain Roll 2 oz</div> Coleslaw 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz
April 22 Cheese Ravioli 8 oz Focaccia 2 oz English Peas 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz	April 23 Orange Chicken 4 oz Steamed Rice 2 oz Roasted Carrots 1/2 C Cucumber Coins 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	April 24 Turkey Chili 1 Cup Cornbread 2 oz Kidney Beans 1/2 Cup Baby Carrots 1/2 Cup Strawberries 1/2 Cup Banana 1/2 Cup Milk 8 oz	April 25 Turkey Club Wrap <div style="text-align: right;">WG Tortilla 2 oz Sliced Turkey and Turkey Bacon 2 oz</div> Potato Salad 1/2 C Side Salad with Ranch 1/2 C Banana 1 ea Apple Juice 1/2 C Milk 8 oz	April 26 Pepperoni Pizza 2 oz Garlic Green Beans 1/2 C Baby Carrots 1/2 C Red Grapes 1/2 C Apple Juice 1 ea Milk 8 oz
April 29 Spinach Lasagna Marinara 1/2 C WG Pasta 3 oz Focaccia 1 oz Side Salad with Ranch 1/2 C Apple 1 ea Milk 8 oz	April 30 Carribean Chicken 4 oz Coconut Rice 2 oz Kidney Beans 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1 Cup Milk 8 oz			

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This institution is an equal opportunity provider