


May Breakfast Menu Phillips Program: Annandale 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1	May 2	May 3
		Breakfast Burrito <div style="margin-left: 40px;">Turkey Sausage 1.5 oz</div> <div style="margin-left: 40px;">Egg 1 oz</div> <div style="margin-left: 40px;">WG Torilla Wrap 2 oz</div> Gala Apple Milk 8 oz	Blueberry Muffin 2 oz Tropical Smoothie 9 oz Banana 1 ea Milk 8 oz	Cinnamon Toast Crunch Gala Apple 1 ea Milk 8 oz
May 6	May 7	May 8	May 9	May 10
Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	Peach Yogurt Parfait <div style="margin-left: 40px;">Yogurt 4 oz</div> <div style="margin-left: 40px;">Peach 1/2 Cup</div> <div style="margin-left: 40px;">Granola 4 oz</div> Orange 1 ea Milk 8 oz	NO SCHOOL STAFF WORK DAY	Chocolate Muffin 2 oz Blueberry Banana Smoothie 9 oz Grapes 1 ea Milk 8 oz	Fruit Loops Gala Apple 1 ea Milk 8 oz
May 13	May 14	May 15	May 16	May 17
Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	Mixed berry Parfait <div style="margin-left: 40px;">Yogurt 4 oz</div> <div style="margin-left: 40px;">Berries 1/2 Cup</div> <div style="margin-left: 40px;">Granola 4 oz</div> Orange 1 ea Milk 8 oz	Sausage,Egg & Cheese Muffin <div style="margin-left: 40px;">Sausage 1.5 oz</div> <div style="margin-left: 40px;">Egg 1 oz</div> <div style="margin-left: 40px;">Muffin 2 oz</div> Gala Apple 1 ea Milk 8 oz	Spiced Muffin 2 oz Orange Julius Smoothie 9 oz Grapes 1 ea Milk 8 oz	Lucky Charms Gala Apple 1 ea Milk 8 oz
May 20	May 21	May 22	May 23	May 24
Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	Blueberry Yogurt Parfait <div style="margin-left: 40px;">Yogurt 4 oz</div> <div style="margin-left: 40px;">Blueberry 1/2 Cup</div> <div style="margin-left: 40px;">Granola 4 oz</div> Orange 1 ea Milk 8 oz	Breakfast Burrito <div style="margin-left: 40px;">Turkey Sausage 1.5 oz</div> <div style="margin-left: 40px;">Egg 1 oz</div> <div style="margin-left: 40px;">WG Torilla Wrap 2 oz</div> Gala Apple Milk 8 oz	Frosted Flakes Gala Apple 1 ea Milk 8 oz	SCHOOL CLOSED HOLIDAY
May 27	May 28	May 29	May 30	May 31
SCHOOL CLOSED HOLIDAY	Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	Breakfast Burrito <div style="margin-left: 40px;">Turkey Sausage 1.5 oz</div> <div style="margin-left: 40px;">Egg 1 oz</div> <div style="margin-left: 40px;">WG Torilla Wrap 2 oz</div> Gala Apple Milk 8 oz	Blueberry Muffin 2 oz Tropical Smoothie 9 oz Banana 1 ea Milk 8 oz	Cinnamon Toast Crunch Gala Apple 1 ea Milk 8 oz

Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child at each Lunch

All Fruit Juices are 100% Juice

May Lunch Menu Phillips Program: Annandale 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 SpringForward		May 1 Cheese Steak Roasted Potato Wedges 1/2 C Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	May 2 Chicken Teriyaki 2 oz Steamed Rice 2 oz Kale Chips 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	May 3 Cheeseburger WG Bun 2 oz Hamburger 2 oz Roasted Sweet Potatoes 1/2 C Cucumber Coins 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz
May 6 Penne with Meatballs WG Pasta 4 oz Meatballs 2 oz Focaccia 1 oz Steamed Broccoli 1/2 C Baby Carrots 1/2 C Orange and Banana (1 ea) Milk 8 oz	May 7 Beef Taco 2.5 oz Corn Tortilla 2 oz Stewed Black Beans 1/2 C Caesar Salad 1/2 C Banana 1/2 Cup Apple Juice 8 oz Milk 8 oz	May 8 NO SCHOOL STAFF WORK DAY	May 9 Grilled Cheese 2 oz Whole Grain Toast 2 oz Tomato Soup 6 oz Caesar Salad 1/2 C Apple 1 Cup Milk 8 oz	May 10 Pepperoni Pizza 2 oz Garlic Green Beans 1/2 C Baby Carrots 1/2 C Red Grapes 1/2 C Apple Juice 1 ea Milk 8 oz
May 13 Chicken Alfredo 1 Cup Focaccia 2 oz Steamed Broccoli 1/2 C Baby Carrots 1/2 Cup Banana 1/2 Cup Apple Juice 1/2 Cup Milk 8 oz	May 14 BBQ Chicken 4 oz Cornbread 2 oz Roasted Carrots 1/2 C Caesar Salad 1/2 C Grapes 1/2 C Banana 1 ea Milk 8 oz	May 15 Chicken Quesadilla 2 oz Chicken Quesadilla 2 oz WG Tortilla 2 oz Refried Black Beans 1/2 C Baby Carrots 1/2 C Banana 1 ea Apple Juice 1/2 C Milk 8 oz	May 16 Meatloaf 2 oz Dinner Roll 2 oz Mashed Potatoes 1/2 C Caesar Salad 1/2 C Orange 1 ea Banana 1 ea Milk 8 oz	May 17 Pulled Pork Sandwich Barbeque Pork 2 oz Whole Grain Roll 2 oz Coleslaw 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz
May 20 Cheese Ravioli 8 oz Focaccia 2 oz English Peas 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz	May 21 Orange Chicken 4 oz Steamed Rice 2 oz Roasted Carrots 1/2 C Cucumber Coins 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	May 22 Turkey Chili 1 Cup Cornbread 2 oz Kidney Beans 1/2 Cup Side Salad with Ranch 1/2 Cup Strawberries 1/2 Cup Banana 1/2 Cup Milk 8 oz	May 23 Turkey Club Wrap WG Tortilla 2 oz Sliced Turkey and Turkey Bacon 2 oz Potato Salad 1/2 C Side Salad with Ranch 1/2 C Banana 1 ea Apple Juice 1/2 C Milk 8 oz	May 24 SCHOOL CLOSED HOLIDAY
May 27 SCHOOL CLOSED HOLIDAY	May 28 Carribean Chicken 4 oz Coconut Rice 2 oz Kidney Beans 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1 Cup Milk 8 oz	May 29 Cheese Steak Roasted Potato Wedges 1/2 C Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	May 30 Chicken Teriyaki 2 oz Steamed Rice 2 oz Kale Chips 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz	May 31 Cheeseburger WG Bun 2 oz Hamburger 2 oz Roasted Sweet Potatoes 1/2 C Cucumber Coins 1/2 C Orange 1 ea Apple Juice 1/2 C Milk 8 oz

Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child at each Lunch

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