



May Breakfast Menu Phillips Program: Annandale K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1 Breakfast Burrito Turkey Sausage 1.5 oz Egg 1 oz WG Torilla Wrap 2 oz Gala Apple Milk 8 oz	May 2 Blueberry Muffin 1 oz Tropical Smoothie 9 oz Banana 1 ea Milk 8 oz	May 3 Cinnamon Toast Crunch Gala Apple 1 ea Milk 8 oz
May 6 Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	May 7 Peach Yogurt Parfait Yogurt 4 oz Peach 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	May 8 NO SCHOOL STAFF WORK DAY	May 9 Chocolate Muffin 1 oz Blueberry Banana Smoothie 9 oz Grapes 1 ea Milk 8 oz	May 10 Fruit Loops Gala Apple 1 ea Milk 8 oz
May 13 Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	May 14 Mixed berry Parfait Yogurt 4 oz Berries 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	May 15 Sausage,Egg & Cheese Muffin Sausage 1.5 oz Egg 1 oz Muffin 2 oz Gala Apple 1 ea Milk 8 oz	May 16 Spiced Muffin 1 oz Orange Julius Smoothie 9 oz Grapes 1 ea Milk 8 oz	May 17 Lucky Charms Gala Apple 1 ea Milk 8 oz
May 20 Whole Grain French Toast 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	May 21 Blueberry Yogurt Parfait Yogurt 4 oz Blueberry 1/2 Cup Granola 4 oz Orange 1 ea Milk 8 oz	May 22 Breakfast Burrito Turkey Sausage 1.5 oz Egg 1 oz WG Torilla Wrap 2 oz Gala Apple Milk 8 oz	May 23 Frosted Flakes Gala Apple 1 ea Milk 8 oz	May 24 SCHOOL CLOSED HOLIDAY
May 27 SCHOOL CLOSED HOLIDAY	May 28 Whole Grain Pancakes 2 oz Turkey Sausage 1 oz Banana 1 oz Apple Juice 8 oz Milk 8 oz	May 29 Breakfast Burrito Turkey Sausage 1.5 oz Egg 1 oz WG Torilla Wrap 2 oz Gala Apple Milk 8 oz	May 30 Blueberry Muffin 1 oz Tropical Smoothie 9 oz Banana 1 ea Milk 8 oz	May 31 Cinnamon Toast Crunch Gala Apple 1 ea Milk 8 oz

Milk Variety: 8 fluid oz: Unflavored low-fat(1%) or Flavored fat-free (skim) fluid milk is offered to each child at each Lunch

All Fruit Juices are 100% Juice

May Lunch Menu Phillips Program: Annandale K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1 Cheese Steak Roasted Potato Wedges 1/2 C Baby Carrots 1/2 C Orange 1 ea Milk 8 oz	May 2 Chicken Teriyaki 2 oz Steamed Rice 1 oz Kale Chips 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Milk 8 oz	May 3 Cheeseburger WG Bun 2 oz Hamburger 2 oz Roasted Sweet Potatoes 1/2 C Cucumber Coins 1/2 C Orange 1 ea Milk 8 oz
May 6 Penne with Meatballs WG Pasta 4 oz Meatballs 2 oz Steamed Broccoli 1/2 C Baby Carrots 1/2 C Orange (1 ea) Milk 8 oz	May 7 Beef Taco 2.5 oz Corn Tortilla 2 oz Stewed Black Beans 1/2 C Caesar Salad 1/2 C Banana 1/2 Cup Milk 8 oz	May 8 NO SCHOOL STAFF WORK DAY	May 9 Grilled Cheese 2 oz Whole Grain Toast 1 oz Tomato Soup 6 oz Caesar Salad 1/2 C Apple 1 Cup Milk 8 oz	May 10 Pepperoni Pizza 2 oz Garlic Green Beans 1/2 C Baby Carrots 1/2 C Red Grapes 1/2 C Milk 8 oz
May 13 Chicken Alfredo 1 Cup Steamed Broccoli 1/2 C Baby Carrots 1/2 Cup Banana 1/2 Cup Milk 8 oz	May 14 BBQ Chicken 4 oz Cornbread 1 oz Roasted Carrots 1/2 C Caesar Salad 1/2 C Grapes 1/2 C Milk 8 oz	May 15 Chicken Quesadilla 2 oz Chicken Quesadilla 2 oz WG Tortilla 2 oz Refried Black Beans 1/2 C Baby Carrots 1/2 C Banana 1 ea Milk 8 oz	May 16 Meatloaf 2 oz Dinner Roll 1 oz Mashed Potatoes 1/2 C Caesar Salad 1/2 C Orange 1 ea Milk 8 oz	May 17 Pulled Pork Sandwich 2 oz Barbeque Pork 2 oz Whole Grain Roll 2 oz Coleslaw 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz
May 20 Cheese Ravioli 8 oz English Peas 1/2 C Baby Carrots 1/2 C Apple 1 ea Milk 8 oz	May 21 Orange Chicken 4 oz Steamed Rice 1 oz Roasted Carrots 1/2 C Cucumber Coins 1/2 C Orange 1 ea Milk 8 oz	May 22 Turkey Chili 1 Cup Kidney Beans 1 oz Black Beans 1/2 Cup Side Salad with Ranch 1/2 Cup Strawberries 1/2 Cup Milk 8 oz	May 23 Turkey Club Wrap WG Tortilla 2 oz Sliced Turkey and Turkey Bacon 2 oz Potato Salad 1/2 C Side Salad with Ranch 1/2 C Banana 1 ea Milk 8 oz	May 24 SCHOOL CLOSED HOLIDAY
May 27 SCHOOL CLOSED HOLIDAY	May 28 Carribean Chicken 4 oz Coconut Rice 2 oz Kidney Beans 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Milk 8 oz	May 29 Cheese Steak Roasted Potato Wedges 1/2 C Baby Carrots 1/2 C Orange 1 ea Milk 8 oz	May 30 Chicken Teriyaki 2 oz Steamed Rice 1 oz Kale Chips 1/2 Cup Baby Carrots 1/2 C Orange 1 ea Milk 8 oz	May 31 Cheeseburger WG Bun 2 oz Hamburger 2 oz Roasted Sweet Potatoes 1/2 C Cucumber Coins 1/2 C Orange 1 ea Milk 8 oz

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